



First Step 25th Anniversary Celebrations Survivors & Supporters Event:

From Surviving to Thriving.

**Saturday 10th September 2022 -10am-4pm at
Leicester Tigers Ground.**

First Step are delighted to announce that as part of our 25th Anniversary Year, we will be holding an event for survivors and their supporters, to celebrate our organisational achievements and to look forward to the future but more importantly to recognise and celebrate the courage and resilience of our clients as they move forward in their journey's.

The day will be part celebration, part reflection as well as an opportunity for you to share your ideas about what you may need from us in the future

We will have several inspirational speakers, many of whom are survivors themselves, as well as small group workshops for survivors and supporters to tell us what you may need from First Step. This might be for example, related to setting up support groups, or enabling clients to do positive activities that may support their healing.

A buffet lunch and refreshments will be provided throughout the day and there will be plenty of cake to celebrate!!

BOOKING

To book yourself and a supporter (if applicable) onto the event please email contact@firststepleicester.org.uk

or phone/text: **07581 568144**

or speak to one of the team in the office- **Caroline, Lisa, Michelle, Stuart or your counsellor.**